

Elite Dance Academy Georgia

FALL SCHEDULE

TINY/PETITE ELITE

Our Tiny and Petite Levels (ages 3-5) are all intro classes for 45 minutes. Each class is based on age and is designed to enhance your child's motor skills, listening, and social skills through basic ballet and tap technique, as well as music theory. *****Tiny Elite: Ballet only / Petite Elite: Ballet & Pre-Tap*****

Tiny Elite (3-4):	Monday	4:30-5:15	Ms Randi
Petite Elite (4-5):	Monday	5:30-6:15	Ms Randi

YOUTH ELITE COMBO

Levels I – III

This 60 minute class (ages 5-9) is a continuation of our Tiny Elite program, and will continue to broaden and perfect ballet and tap technique, as well as introduce more complicated strength and flexibility concepts.

Youth Combo I:	Monday	6:15-7:15	Ms Randi
Youth Combo II:	Thursday	5:00-6:00	Ms Bethany
Youth Combo III:	Monday	7:15-8:15	Ms Randi
Youth Hip Hop:	Tuesday	6:15-7:15	Ms Darbie
Youth Jazz:	Wednesday	4:30-5:15	Ms Rebecca

HIP HOP

These 45-60 minute classes (ages 6-18) follow current trends in dance and music and include a warm up, conditioning, basic-intermediate technique styles, and introductions to new styles of choreography. Ballet and jazz technique are not required, but are highly encouraged.

Pre-Teen Hip Hop:	Saturday	10:00-11:00	Ms Jazmine
Teen Hip Hop:	Wednesday	7:15-8:15	Ms Darbie
	Saturday	11:00-12:00	Ms Jazmine
Elite Level Hip Hop:	Wed (II/III)	5:15-6:15	Ms Darbie
	Thurs (IV/V)	5:00-6:00	Ms Darbie

TEEN ELITE (Beginning/Intermediate):

Our Teen Elite Levels are focused on the Intermediate older dancer. These 60-75 minute classes will focus on Intermediate Ballet, Jazz, Contemporary, and Tap Technique for the older student.

Teen Ballet/Contemporary:	Tuesday	7:15-8:30	Ms Darbie
Ballet/Tap (Ages 9-13):	Thursday	5:00-6:30	Ms Randi

ACRO – REQUIRES BALLET

These 45-60 minute classes are designed to teach flexibility, balance, strength, muscle control, and concentration. Students will learn through appropriate progression of skills. Students enrolled in Acro must also be enrolled in at least one ballet class per week.

*****SCHEDULE TBD*****

STRETCH & CONDITIONING

This 60 minute class uses stretch components particularly suited to dance, and aims to teach correct stretch technique plus exercises to target arms, abs, and legs. The goal is to develop core strength, ease and openness in the joints, and a flexible well-balanced body. A class that is a MUST for every dancer!

Shake it Up Saturday

Saturday

10:30-11:30 STAFF

OUR ELITE PROGRAM

Levels I-VI

This is a program designed for the more serious and dedicated dancer. These classes are all individually 60-90 minutes in length, and are based on skill rather than age. They include Ballet, Tap, Pre-Pointe/Pointe, Jazz, and Contemporary. *Please contact the Dance Director for individual level requirements.*

Level I:	Ballet	Tuesday	5:30-6:30	Ms Katie
	Tap	Thursday	6:00-7:00	Ms Bethany
	Jazz	Tuesday	7:15-8:15	Ms Rebecca
	Contemporary	Tuesday	4:15-5:15	Ms Darbie
Level II:	Ballet	Thursday	7:15-8:30	Ms Darbie
	Tap	Monday	7:15-8:15	Ms Bethany
	Jazz	Tuesday	6:15-7:15	Ms Rebecca
	Contemporary	Wednesday	6:15-7:15	Ms Darbie
Level III:	Ballet	Tuesday	6:30-8:00	Ms Katie
		Thursday	6:00-7:15	Ms Darbie
	Tap	Thursday	7:15-8:15	Ms Bethany
	Jazz	Tuesday	5:00-6:15	Ms Rebecca
	Contemporary	Wednesday	6:15-7:15	Ms Darbie
Level IV:	Ballet	Monday	6:15-7:45	Ms Katie
		Wednesday	5:30-7:00	STAFF
	Tap	Monday	5:15-6:15	Ms Bethany
	Jazz	Wednesday	7:00-8:15	Ms Rebecca
	Contemporary	Tuesday	5:15-6:15	Ms Darbie
Level V/VI:	Ballet	Monday	7:45-9:15	Ms Katie
		Wednesday	7:00-8:30	STAFF
	Tap	Monday	6:15-7:15	Ms Bethany
	Jazz	Wednesday	5:30-6:45	Ms Rebecca
	Contemporary	Tuesday	5:15-6:15	Ms Darbie
Pointe:	Pre-Pointe	Monday	5:00-6:00	Ms Katie
	Pointe I/II (Tech)	Tuesday	4:00-5:00	Ms Katie
	Pointe II (Variations)	Wednesday	4:30-5:30	STAFF

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